



HIGHLANDS







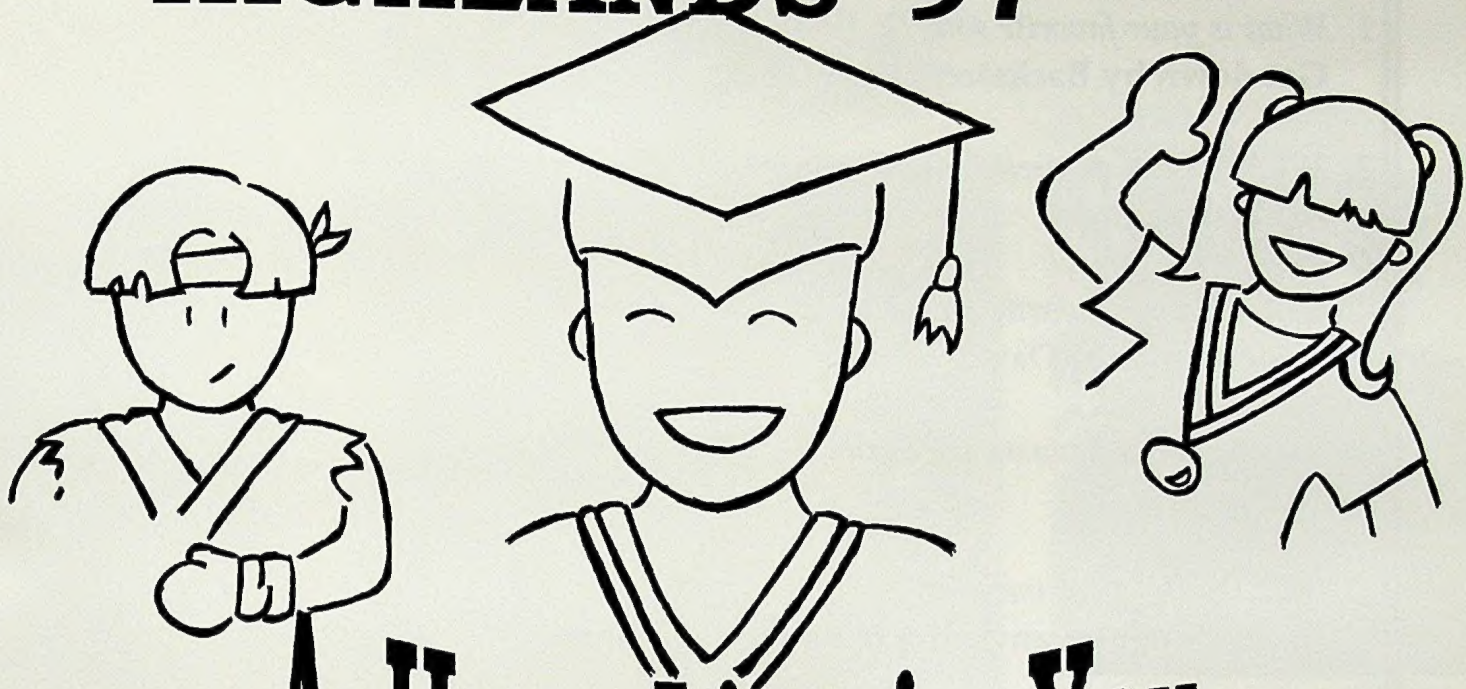


1997

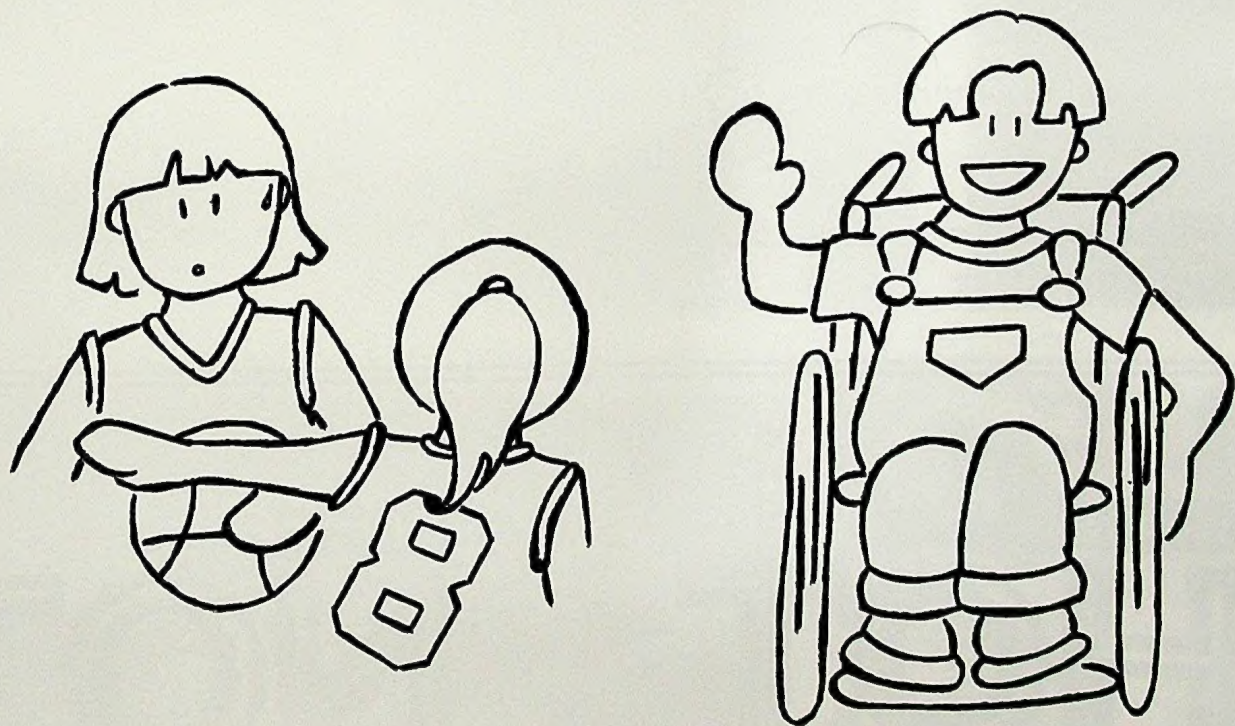
A stylized graphic of the year 1997. The digit '1' is yellow and set within a white rectangular frame with a black border. The '9' is purple, the first '9' is blue, and the '7' is magenta. All digits have a thick black outline and a drop shadow. The graphic is decorated with a magenta wavy ribbon at the top and bottom, a horizontal row of teal dots, and two black dots.



# HIGHLANDS '97



## A Hero Lies in You



*designed by Rosanna Tu*



## Heroic Hits

1. *What is your favorite song?*  
**Get down by Backstreet Boys**
2. *Who is your favorite music group?*  
**Backstreet Boys**
3. *What is your favorite movie?*  
**Independence Day**
4. *What is your favorite T.V series?*  
**Simpsons**
5. *What is the most memorable news event of 96/97?*  
**2- Pac's death/ anything to do with O.J Simpson**
6. *Who is your favorite actor/actress?*  
**Will Smith**
7. *Who is your favorite hero?*  
**Superman**
8. *What is your favorite slang word?*  
**Whatever**
9. *What is your favorite style of clothing?*  
**Prep/Alternitave**

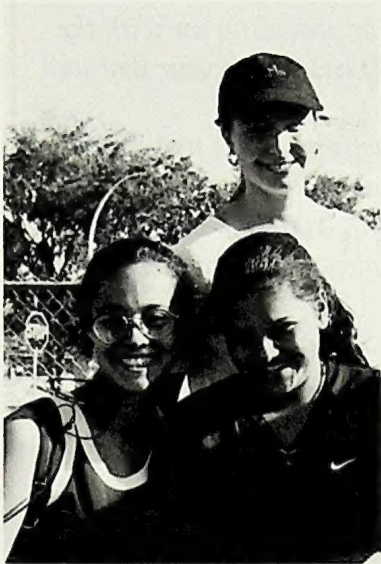


WHAT'S  
**HOT**

WHAT'S  
**NOT**



# INTRODUCING OUR HEROES





# HEROES WITH POWER

## A MESSAGE FROM OUR PRESIDENT

*I would like to thank the staff and fellow students of Highlands Junior High for providing me with the opportunity to be the School Council President for Highlands. This year (1996-1997) has been a year that will be cherished and remembered by myself, the staff and students.*

*Each time you look through your yearbook, remember all the special athletic activities that took place and the exceptional school plays directed by Miss Woolston-Young. Also remember when we finally got our school colors changed to blue, gold, and white, and remember the wonderful times shared with friends. Most of all, I hope you remember your accomplishments. As you move on each year, remember that each accomplishment will bring you closer to your individual goals.*

*Student Council has been great and has shown a lot of school spirit. They have put on good dances and awesome school activities. I would like to thank Student Council for showing excellent school spirit by providing their time, ideas and effort.*

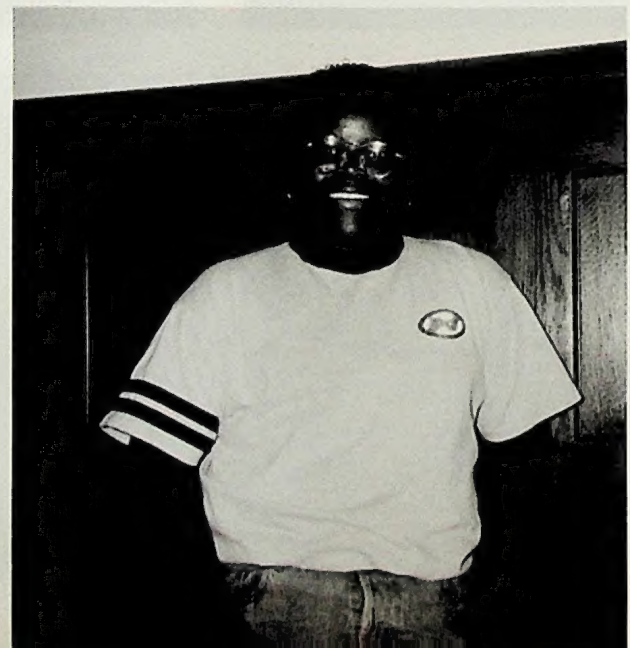
*Once again I would like to thank everyone who elected me and thanks for making my last year at Highlands a memorable year.*

Teneisha Tomlinson

## Student Council

**Backrow (left to right): Mrs. Sorenson (Advisor), Morgana Drewicki (Secretary), Julia Luong (Vice President), Teneisha Tomlinson (President), Solly Voss (Treasurer), Ms. Cooper (Advisor)**

**Frontrow (left to right): Louise Lam (Grade 9 Room Rep.), Alexis Sapera (Social Conveynor), Brianne Wheeler (Grade 8 Room Rep.), Kristen Komperdo (Grade 7 Room Rep.)**





# BIG SHOT HEROES

## PRINCIPAL'S MESSAGE

I believe everyone has the capability of being a hero. A hero to me is someone that does great things without expecting to be recognized for it. The deeds performed can be large or small but no matter the size they leave a lasting impression on people. All students have the potential to be a hero. If circumstances arise it's amazing the types of acts that can be achieved as long as you stay calm, use your head and do what is right. It won't be long before you will be recognized as a hero.

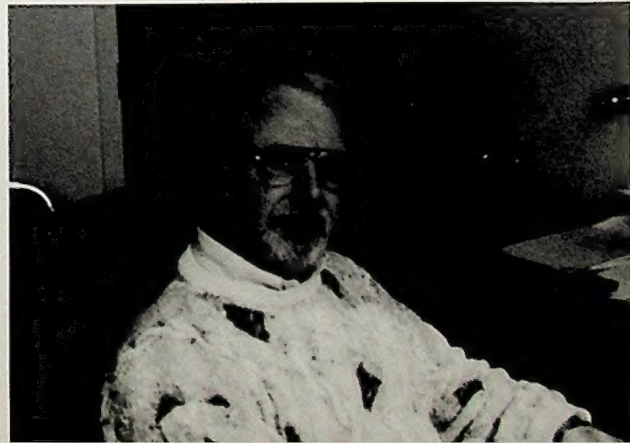
*J. Buff*

## VICE PRINCIPAL'S MESSAGE

What is a hero? The typical definition of this term contains references to persons admired for their bravery, great deeds or noble qualities. We all have numerous individuals that we may refer to as heroes. The list may contain individuals such as Wayne Gretzky, hockey superstar, Billy Bishop, first world war flying ace, Banting and Best for their discovery of insulin, or Henry Ford for the invention of the assembly line. However, there is another group of people that I think deserve our admiration, respect and the label of "hero" too.

In this group you would find individuals who work for the benefit of society in general or for the underprivileged. These heroes have a dream of a better quality of life. They struggle to overcome their own handicaps and limitations imposed on them by society. We all remember Terry Fox and his run across Canada to raise funds for cancer research. What about Robert McDermott who lost an arm and a leg in a farming accident? He went on to become a par 5 golfer and took training to become a rehabilitation practitioner working with physically handicapped young people. Other physically disabled people have been provided with wheel chairs as a result of Ray Pearce and Jack Baumber collecting two and a half million pull tabs from aluminum cans. Other heroes work to provide individuals with assistance in meeting their basic needs or adapting to new conditions. Theresa Stevenson, a Saulteaux Indian has organized a program called "Chili for Kids" that has provided over 95 000 hot lunches for school children in Regina. Steve Ramsankar, principal of Alex Taylor School, has organized programs and provided services to inner city and immigrant children and their families. These individuals are a few of my heroes who have worked to improve our society and given of their time and energy to help others with little thought of reward or recognition.

*Alw Irons*





# H

# E

# R

# O

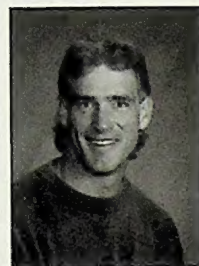
# I

# C

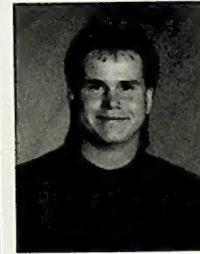
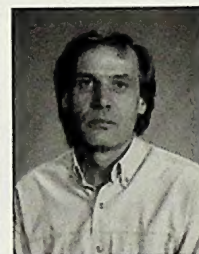
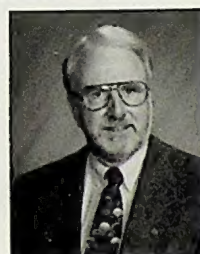
Mrs. S Becker  
Mrs. J. Bourassa  
Mr. F. Buffi  
Ms. D. Cooper



Mr. W. Dalton  
Mr. M. Delong  
Miss M. Drake  
Mrs. L. Homer



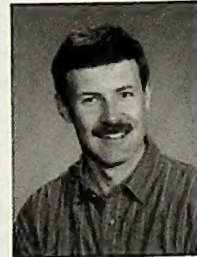
Mr. D. Irons  
Mr. T. Janisch  
Ms. M. Kess  
Mr. C. Kozak



Mrs. O. Logvynenko  
Mrs. J. Maier  
Mrs. B. Newsham  
Mr. B. Radmanovich



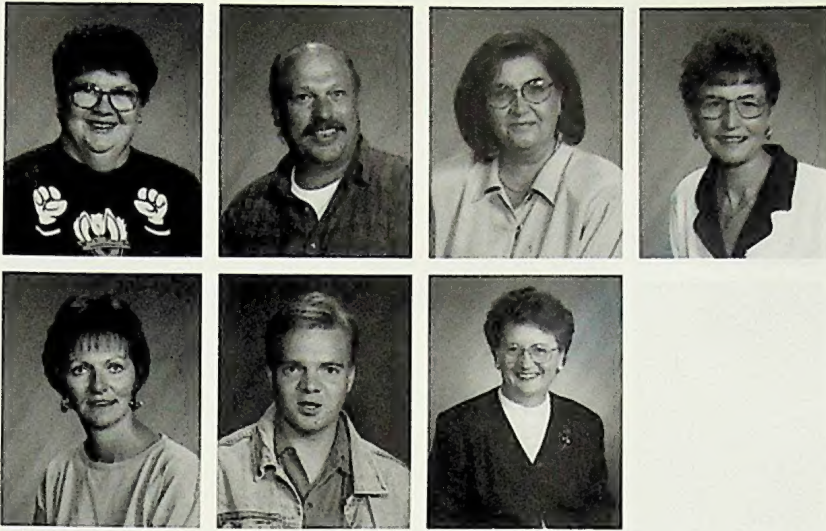
Mrs. E. Richards  
Mr. L. Shandro  
Mrs. W. Sorenson  
Mr. A. Wells



Ms. S. Williams  
Miss R. Woolston-Young







## OUR SUPPORTING HEROES

Mrs. C. Boyden

Mr. K. Bray

Mrs. C. Dyck

Mrs. J. Gyurek

Mrs. L. Maheden

Mr. D. Seatter

Mrs. D. Stachniak





Adapt. Group 1

Jeanette Desjarlais  
Lisa Francis  
Crystal Grant  
Michael Horigan

# Gr.7



Pardeep Kalay  
Danny Lam  
Wayne Monkman  
Danny O'Dell  
Shawn Poetz



Steven Roy  
Khyia Sillanpaa  
Nick Ursulak  
Sarah Weaver  
Kenneth Zuk



Nathan Cooper  
Justin Funk  
Melissa Simaews  
Maria Szamosi

# Gr.8



*There's a hero  
If you look inside your heart*







# 7B

Samuel Bonko  
Amanda Bootsman  
Jesse Castiday  
Lily Rose Favel



Newton Fong  
Bradley Goerz  
Scott Hamilton  
Kiel Hanks  
Henry Kha



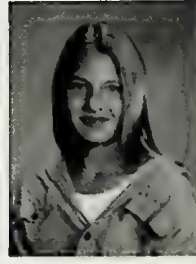
Kristin Komperdo  
Nicolas Lathe  
Brooklen Lewis  
Chelsea Melia  
Vanessa Melmoth



Guy Miller  
Kevin Mudryk  
Stacy Parragh  
Ann Pham  
Anish Prakash



Jonathan Schneider  
Michael Scott  
Ross Seifridt  
Maureen Sen  
Danielle Severight



Lindsay Stebbings  
Jason Strome  
Dany Sung  
Dennis Tang  
Rosemarie Trach



James Walters

**You don't have to be afraid  
Of what you are**



Keith Backstrom  
Margaret Boily  
Ava Boleska  
Varun Chand

# 7C



Pringle Chong  
Darryl Denty  
Ann Gillis  
Danny Horta  
Erin Jackson



Lawanda Lake  
Chao Ma  
Dennis Ma  
Lawrence McClure  
Chad McClellan



Evelyn Mcleod  
Ronny Moc  
Blake Olsen  
Andy Olszewski  
Ryan Richards



Amy Shostak  
Shawna Smith  
Jeffrey Strome  
Tyler Todd  
Marina Tran



Brenda Truong  
Kevin Ward  
Christopher White



*There's an answer  
If you reach into your soul*







# 7D

Tho Banh  
Crystal Brouwer  
Diana Cao  
Raju Dhariwal



Phillip Galloway  
Chantel Gartner  
Desirae Hansen  
Peter Jerrard  
Amber Koyczan



Vanessa Lapratt  
Vicki Lutz  
Tyler Mcdermand  
Sarah Ngo  
Natalie Nowicki



Kira Paran  
Crystal Pidhaichuk  
Mandy Reid  
Karen Ridgway  
Leslie Ross



Anna Taylor-Haas  
Veera Thephasouvanh  
Sam Tu  
Jonathan Varga  
Steven Vass



Lisa Vu  
Ryan Williams  
David Young



*And the sorrow that you know  
Will melt away*



Misty Armstrong  
 Natasha Bandura  
 Shelly Berezanski  
 Lorissa Billey

# 7E



Matt Budzinski  
 Sara Campos Silvius  
 Clayton Chenoweth  
 Carlin Dennis  
 Kyle Franzen



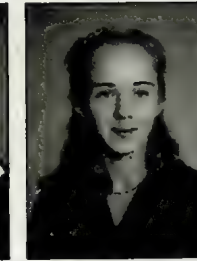
Misty Fraser  
 Danielle Gates  
 Laura Gillespie  
 Nicholas Gounder  
 Michael Griffin



Richard Hopfe  
 Heather Iverson  
 Sana Jutt  
 Paul Kuperus  
 Meryl Lawton



Chelsea Lecuyer  
 Justin Loveland  
 Onice Mejia  
 Ashley Nilson  
 Jason Ollie



Louzanna Rajah  
 Umesh Sahajpal  
 Lisa Scott  
 Joelene Sheeler  
 Thuan Sutherland



Anna-Marie Weir



*You can find love  
 If you reach within yourself*



# GRADE 7 HEROES





Stephen Baxter  
Lacey Bennett  
Shannon Bushey  
Vimal Chandra

# 8A



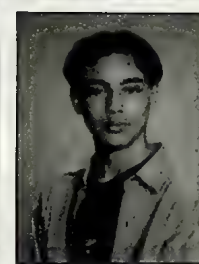
Natalie Eigner  
Tiffany Fauvel  
Olivia Fong  
Derrick Gates  
Michael Ha



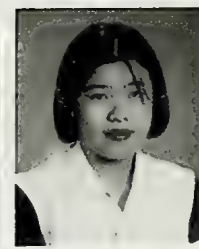
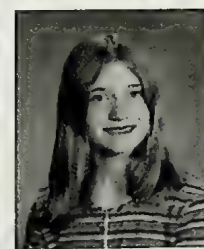
Michael Hayakaze  
Scott Ingram  
Keri-Ann Kozmak  
Stephanie Kozuchowski  
Vincent Lee



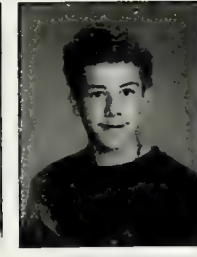
Robert Lupul  
Serina Marchesi  
Walter Monterrosa  
Andrew Neigel  
Kelly Olsen



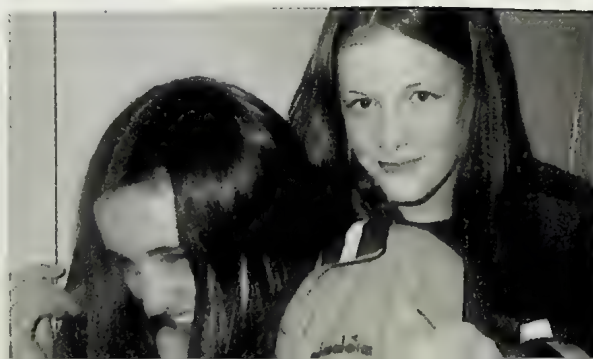
Kyle Purpur  
Crystal Raab  
Crystal Sham  
Sarah Smith  
Baodang Tran



Lieu Tran  
Kent Tu  
Rosanna Tu  
Trevor Tyssen



*And the emptiness you felt  
Will disappear*







# 8B

Braddon D'Hulster  
Randi Enright  
Steven Greenaway  
Amy Herity



Alicia Houwing  
Kyle Huculak  
Saleema Khan  
Tait Lawton  
Eric Lewis



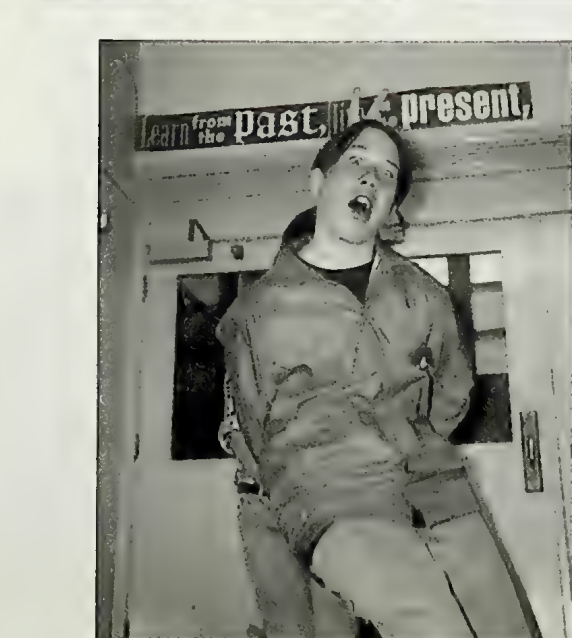
Matthew Mceachern  
Trevor Mcleod  
Shane Moore  
Sy Nguyen  
Nicole Poppe



Timothy Pruden  
Nhu Quach  
April Reid  
Kyle Sargent  
Franklin Sayers



Angela Schoonderbeek  
Amber St John  
Tanya Stuart  
Nathaniel Tasker  
Jacob Thomas



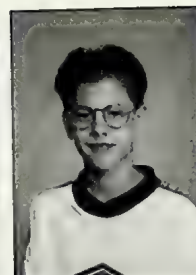
Tyler Woelinga

*Lord knows  
Dreams are hard to follow*

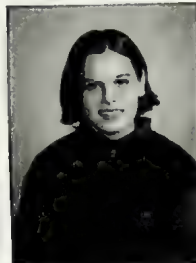


# 8C

Eliseo Alfaro  
Shane Bendera  
Matthew Bonko  
Larry Brown



Robin Bruneau  
John Frederick  
Cathy Gerritsen  
Brandon Hamilton  
Dustin Hill



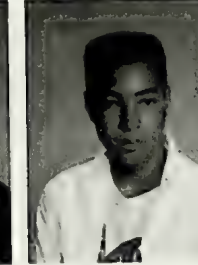
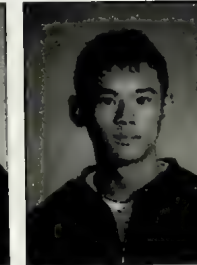
Amber Kostyniuk  
Corey Krowchynski  
Jeffrey Laplante  
Amanda Mackenzie  
Craig McCartney



Sean McEwen  
Shelley Moell  
Kristina Owen  
Joey Pino  
Christopher Reilkoff



Jordan Summers  
Faye Teers  
Natasha Teufeld  
John Tran  
Roger Ulrich



Thang Ung



*But don't let anyone  
Tear them away*







# 8D

Anthony Aransevia  
Wendy Beck  
Robert Blakely  
Joana Bogas



Jacklyn Bruce  
Jennifer Carter  
Jennie Cheung  
Steven Chu  
Shileah Cook



Dina Dumonceaux  
Colleen Dumont  
Timothy Duong  
Thomas Fjellstrom  
Trisha Hearn



Stephen Ho  
Lisa Hui  
Michelle Johnson  
Tierra Larocque  
Vanessa Maiko



Jamie McCartney  
Nearint Nearn  
Trisha Orgill  
Tiffany Pollard  
Lacey Tremain



Jesse Trusz  
Stephanie Tyler  
Brianne Wheeler



**Sold on  
There will be tomorrow**



Ryan Amos  
Jonathan Backstrom  
Renee Charette  
Christopher Dunlop

# 8E



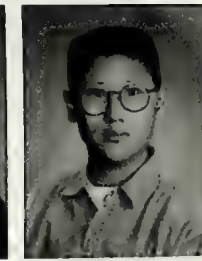
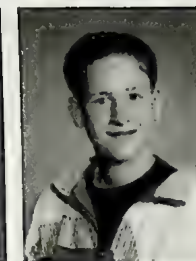
Armando Flores  
Petal Hutchison  
Angela Jordahl  
Kempster James  
Tanya Lewis



Thomas Lindeman  
Stephen Lundin  
Harry MacLennan  
Ricardo Menjivar  
Sarah Messerschmidt



Mitchell Miller  
Amanda Paquette  
Jonathan Schreiner  
Austin Shek  
Tim Truong



Steven Woywitka



*In time  
You'll find the way*





# 8F

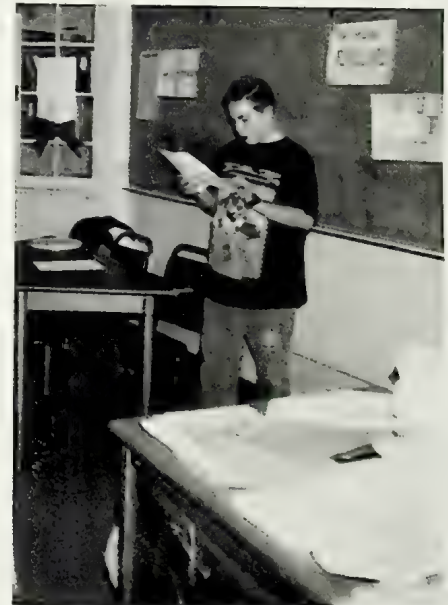
Robert Blair  
Randy Franczak  
Vanessa Gregg  
Darren Lienau



Scott Lund  
Michael Martin  
Alveen Ram  
Christian Reynosa  
Elliott Swampy



Ashley Vaughan  
James White

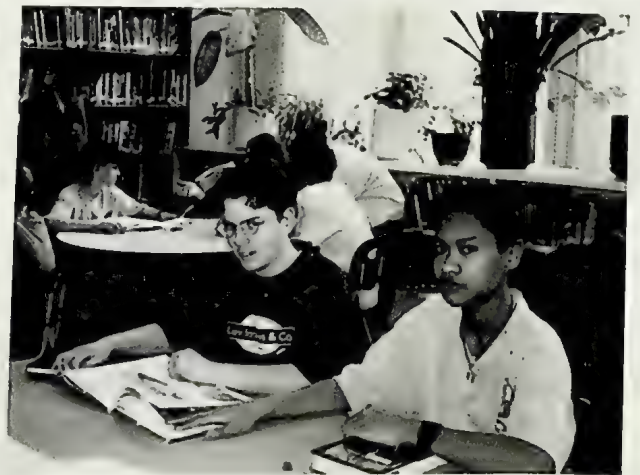


*And then a hero comes along*





# GRADE 8 HEROES

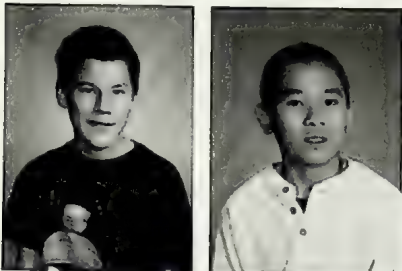




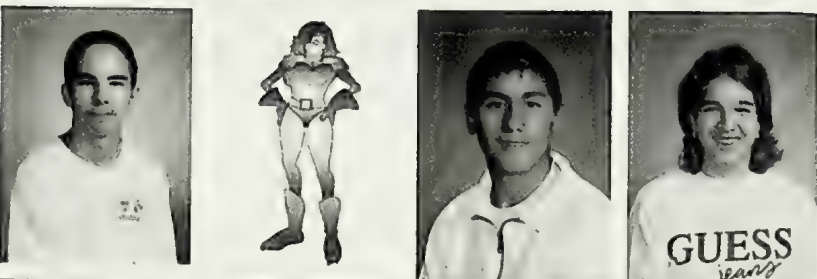


# Gr.8

Adapt. Group 2  
Tristin Brand  
Adam Campbell  
Wayne Dearing  
David Kowalski



Barrett McIntyre  
Martin Tran



# Gr.9

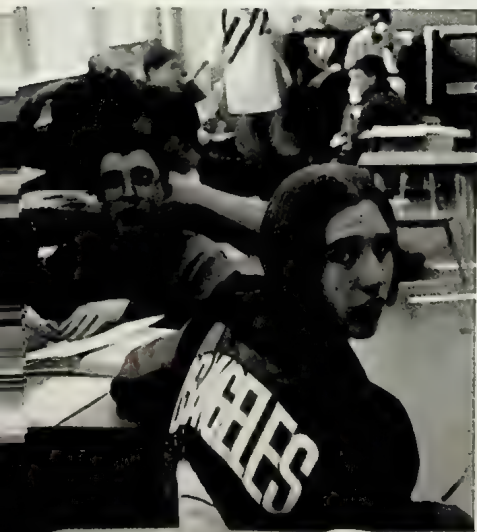
Terry Beck  
Diane Bird  
Blaine Boudreau  
Trinity Bratland



Curtis Gregory  
Melanie Killam  
Brad Ladouceur  
Nathaniel Loveland  
Jennifer McAra



Karen Mowatt  
Brad Owen  
David Reiter  
Jamey Stevenson  
Jon Wetzsteir



Christopher Woodcock



**With the strength to carry on**

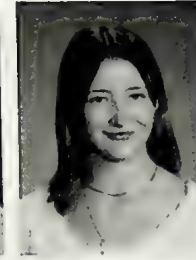


# 9B

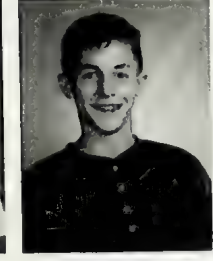
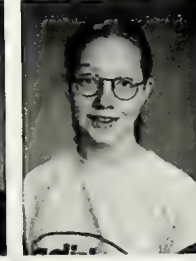
Brenda Amonson  
Cam Banh  
Jasmine Beckman  
Rachel Borowski



Robert Bruce  
Gillian Burkett  
Rammond Chandar  
Jenifer Cherot  
Jessica Duong



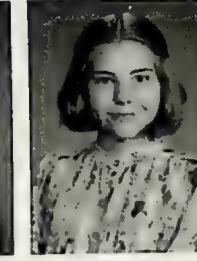
Steven Fermaniuk  
Dick Gerritsen  
Gregory Grams  
Marcella Jackson  
James Kilpatrick



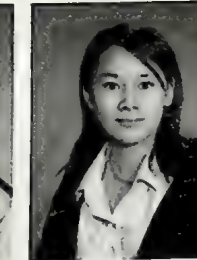
Bryce Kostick  
Jolene Kostick  
Ryan La  
Shanna Lepage  
Shelley Lewis



Julia Luong  
Karen Mah  
Jessica Nicholls  
Julie Quan  
Candace Quintal

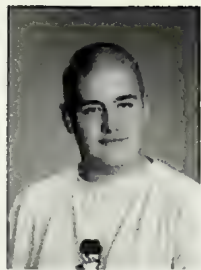


Manuel Sawka  
Chau Tran  
Elizabeth Truong  
Savy Um



*And you cast your fears aside*



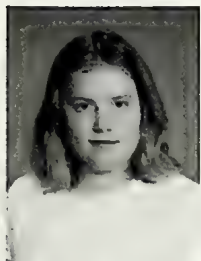


# 9C

Jason Bootsman  
Amy Budinski  
Michael Bui  
Hector Campos-Silvius



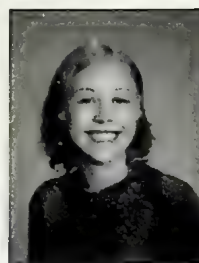
Heather Chappelle  
Andrew Chau  
Amanda Couture  
Ryan Czajkowski  
Phuong Dam



Miranda Devries  
Minh Doan  
Nicole Falconer  
Sarah Galloway  
Adam Gregory



Robin Heisler  
Louise Lam  
Noreena Mangal  
Michael Reid  
Alexis Sopera



Nigel Seabrook  
Alisha Shpeley  
Kimberley Skolarchuk  
Kristen Soroka  
Solly Vass



Karlene Wolgemuth

**YOU CAN MAKE  
A DIFFERENCE**

***And you know you can survive***



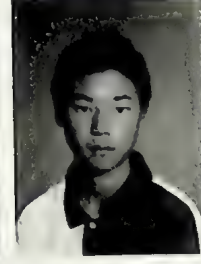


Jennifer Achtymichuk  
Chad Berthold  
Shawn Bezovie  
Jessica Blanchard

# 9D



Jennifer Brown  
Mathew Brown  
Tina Carter  
Charles Cermak  
Jacob Chun



Erin Crawley  
Jordan Danyluk  
Jonelle Dlin  
Morgana Drewicki  
Meghan Duffy



Ryan Gates  
Tony Geddie  
Jeffry Hamilton  
Zara Lafleur  
Jade Larenas



Nicole Lathe  
Jason Mudryk  
Jeremy Siddon  
Lindsay Steele  
Amy Weldon



Kristel Wulchuk



**So when you feel like hope is gone**



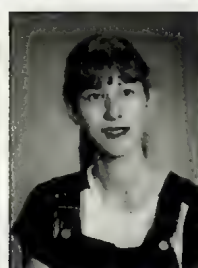


# 9E

Scott Bevan  
Robert Carmichael  
Marshneil Chandra  
Benjamin Chyz



Gregory Cloutier  
Crystal Couture  
Crystal Dearing  
Celina Debicki  
Catherine Engelking



Amanda Gizowski  
Tyler Gourgon  
Khim Krui  
Jeffrey Lyseyko  
Norelys Martinez-Rivero



Shelley O'hara  
Keith Raimundo  
Richard Raymond  
Nicole Shupenia  
Harjinder Sumra



Carmen Symborski  
Teneisha Tomlinson  
Marc Valcourt  
Peter Whyte



*Look inside you and be strong*



Scott Aseltine  
Zachary Blackwell  
Shawna Cooper  
Roxanne Dunn

**9F**



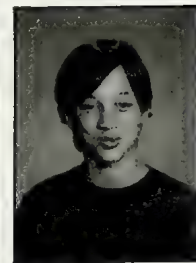
Allison Eigner  
Graeme Eigner  
Scott Griffin  
William Jenkins  
Christopher Lake



Rahab Leepile  
Tessa Loke  
Ryan Mcfarlane  
Arrlin Mejia  
Nearak Neam



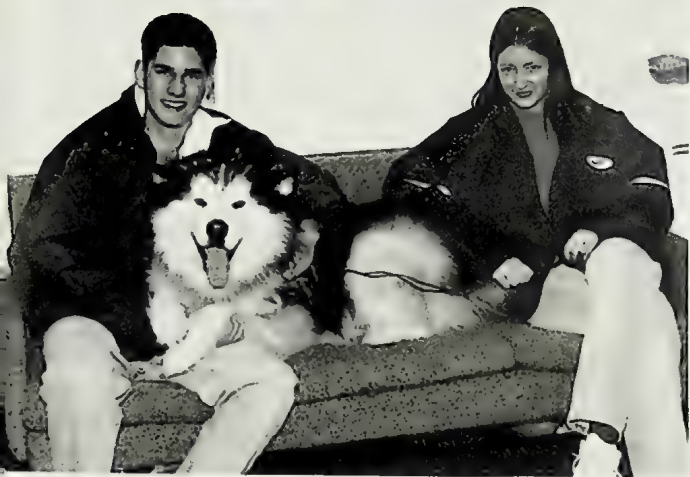
Susan Parkinson  
Jaymie Sperry  
Alex Yaggey



*And you'll finally see the truth  
That a hero lies in you*

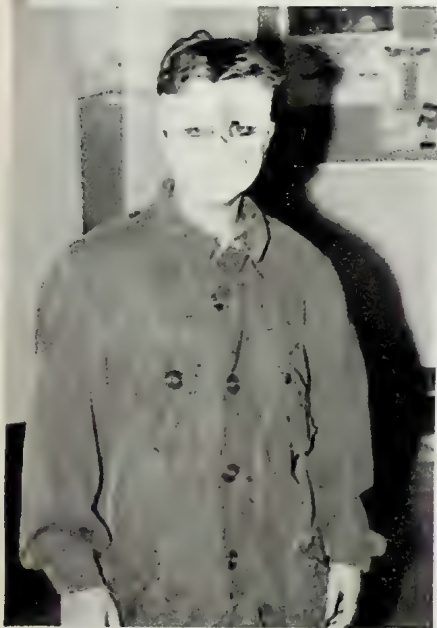


# GRADE 9 HEROES





# FRIGHTENING HEROES





# RETIRED HEROES



Adopt a Grandparent



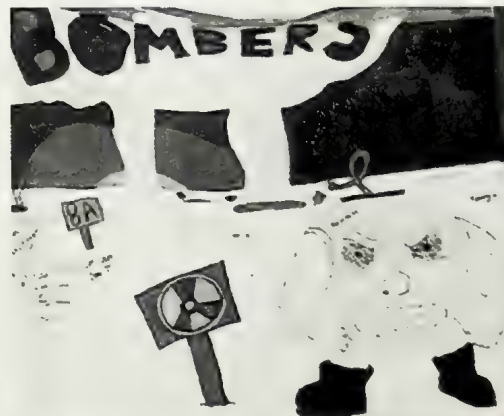
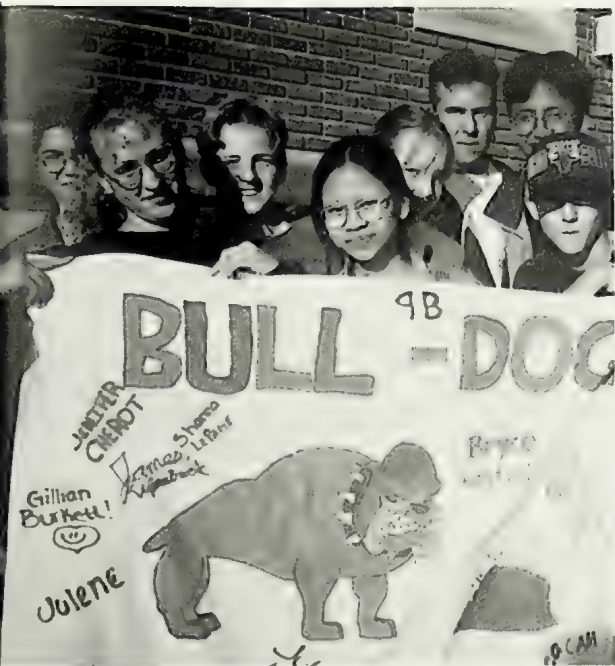


# LETTING LOOSE





# HEROES IN ACTION





# OPENING OUR DOORS



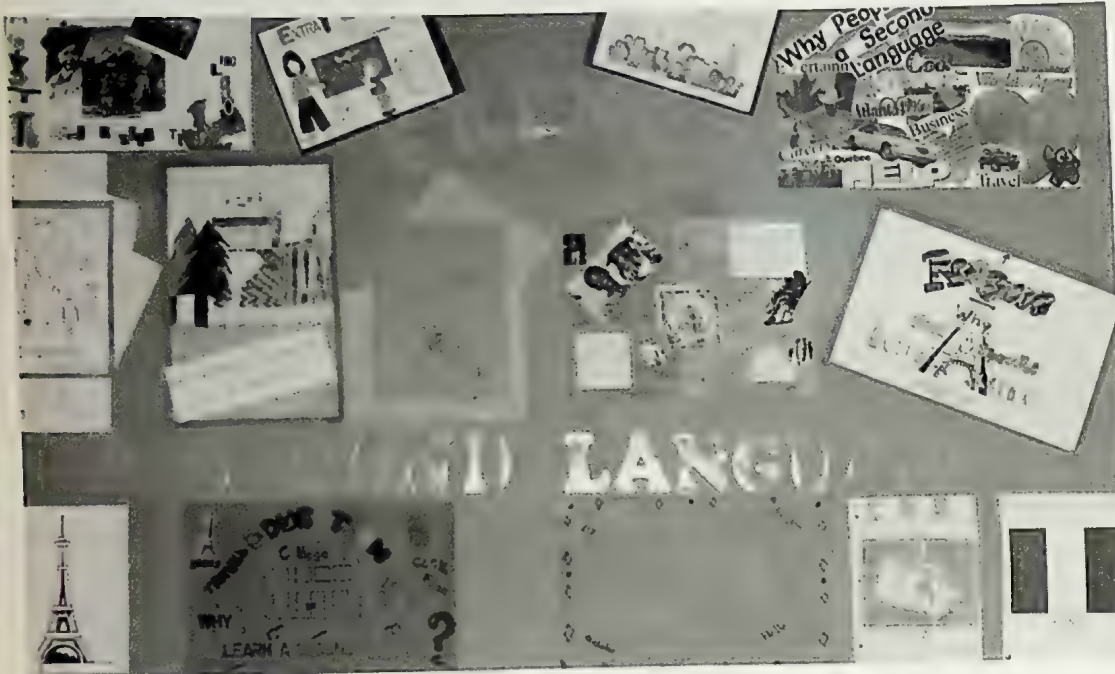


# HEROES IN THE CLASSROOM





# HAVING FUN IN THE





# OPTION CLASSES





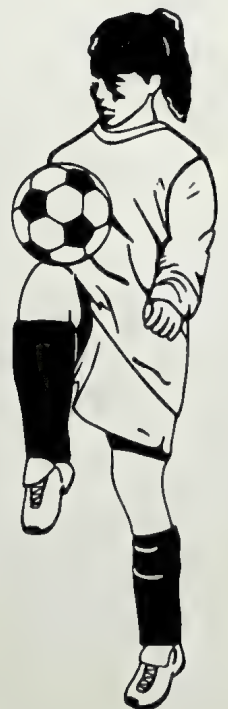
# SPORTS

## SUPERHEROES

### *Highlands' Soccer Team*

*Backrow:* Ms. Drake (coach), Ben Chyz, Nigel Seabrook, Jesse Trusz, Ryan McFarlane, Keith Raimundo, Ryan Czajkowski, Adam Gregory, Shawn Bezovie, Mr Janisch (coach).

*Frontrow:* Tiffany Pollard, Tony Geddie, Ricardo Menjivar, Baodang Tran, Dustin Hill.





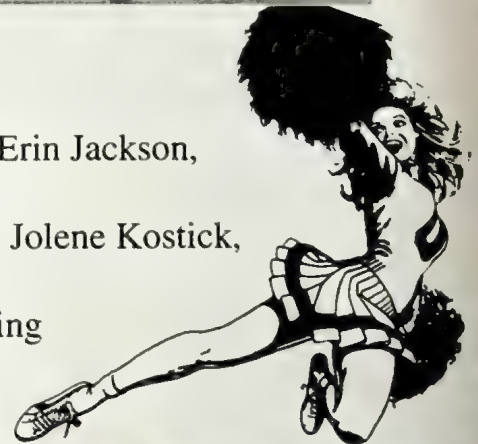


### Highlands' Cheer Team

*Back Row:* Ms. Bourassa, Shileah Cook, Shelly O'Hara, Erin Jackson, Roxanne Dunn, Anna Taylor-Hass, Mr. Locher (coach)

*Middle Row:* Celina Debicki, Brenda Truong, Jen Cherot, Jolene Kostick, Lindsay Stebbings

*Front Row:* Nicole Falconer, Alexis Sopera, Crystal Dearing







*Senior Girls' Volleyball Team*

*Back Row:* Mrs. Newsham, Jade Larenas, Teneisha Tomlinson, Morgan Drewicki, Karlene Wolgemuth

*Front Row:* Marshneil Chandra, Heather Chappelle, Rahab Leepile, Michelle Johnson, Crystal Pidhiachuk



*Senior Boys' Volleyball Team*

*Back Row:* Mr. Kozak, Jason Bootsman, Matt Brown, Tim Pruden, Greg Cloutier, Mr. Radmanovich

*Front Row:* Andrew Chau, Charles Cermak, Jacob Chun, Derek Gates, Michael Bui







*Senior Boys' Basketball Team*

*Backrow:* Matt Brown, James Kilpatrick, Roger Ulrich, Tim Pruden, Richard Gerritsen, Mr. DeLong (coach).

*Frontrow:* Nicolas Lathe, Mr. Kozak (coach), Paul Kuperus, Sam Bor, Matt Bonko, Jacob Chung, Ryan Czajkowski, Derrick Gates

*Senior Girls' Basketball Team*

*Backrow:* Jonelle Dlin, Morgana Drewicki, Arrlin Mejia, Sarah Smith, Carmen Symborski, Kira Paran, Ms Drake (coach).

*Frontrow:* Ms. Woolston-Young (coach), Lacey Bennett, Michelle Johnson, Tiffany Pollard, Onice Mejia, Rahab Leepile, Tina Carter.







*Junior Girls' Basketball team*

*Backrow:* Ava Boleska, Nikki Poppe, Crystal Raab, Saleema Khan, Keri-Ann Kozmak, Randi Enright, Amy Herity, Serina Marchesi, Ms. Woolston-Young (coach)

*Frontrow:* Natalie Nowicki, Anna-Marie Weir, Natasha Bandura, Ann Pham, Rosanna Tu, Olivia Fong, Crystal Sham

*Junior Girls' Volleyball Team*

*Backrow:* Stephanie Kozuchowski, Cindy Quach, Alicia Houwing, Vanessa Maiko, Kristena Owen, Crystal Raab, Mrs. W Sorenson.

*Frontrow:* Crystal Sham, Rosanna Tu, Keri-Ann Kozmak, Tiffany Pollard, Jacklyn Bruce, Angela Jordahl.







### *Journal Games*

*Backrow:* Mrs. Newsham, Kiel Hanks, Jeffrey Strone, Michael Griffin, Lisa Francis.

*Frontrow:* Amanda Bootsman, Ryan Williams, Jason Strome, David Young, Danielle Gates.

*Missing:* Dennis Ma, Henry Kha, Andy Olszewski, Steven Lundin







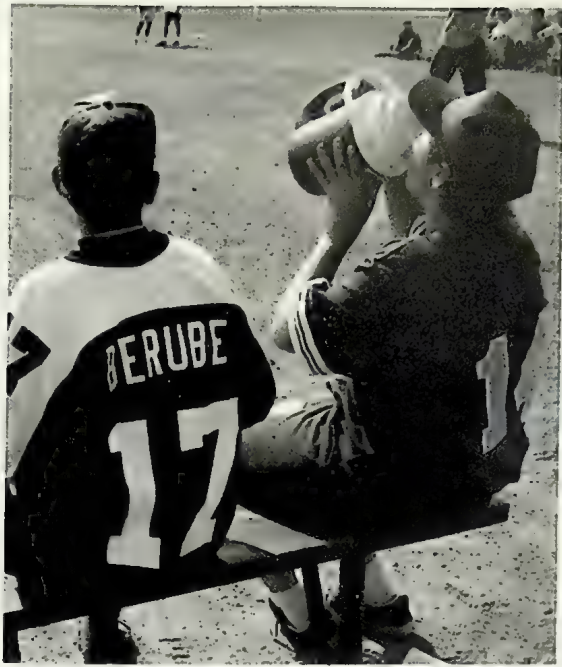
## HIGHLANDS SOFTBALL TEAM

Lacey Bennett	Steve Greenaway
Charles Cermak	Michael Griffin
Clayton Chenoweth	Michelle Johnson
Jacob Cheung	James Kilpatrick
Colleen Dumont	Danny O'Dell
Chris Dunlop	Jonathon Schnieder
Tim Duong	Angela Schonderbeek
Thomas Fjellstrom	Jeremy Sidon

Mr. Mike Delong, Mr. Curtis Kozak, Miss Jenn Wilson

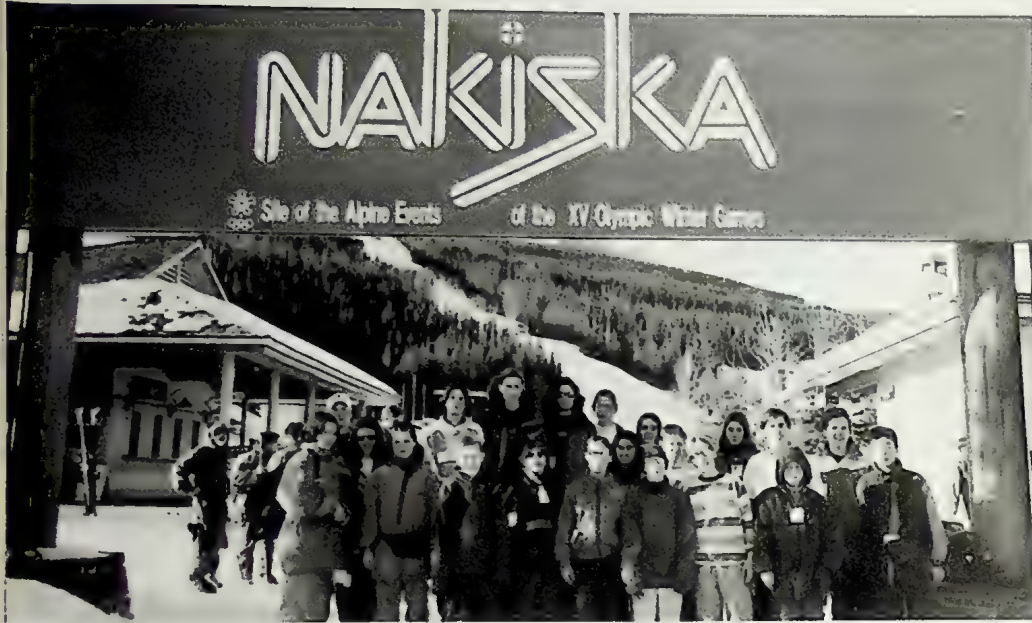








# HEROES





# CHILLING OUT





# CAPTURING HEROIC MOMENTS



*Yearbook Committee*

*Backrow:* Crystal Pidhaichuk, Sarah Ngo, Kristena Owen, Mrs. Becker  
*Frontrow:* Miss Williams, Diana Cao, Erin Jackson, Stephanie Kozuchowski, Crystal Raab, Keri-Ann Kozmak



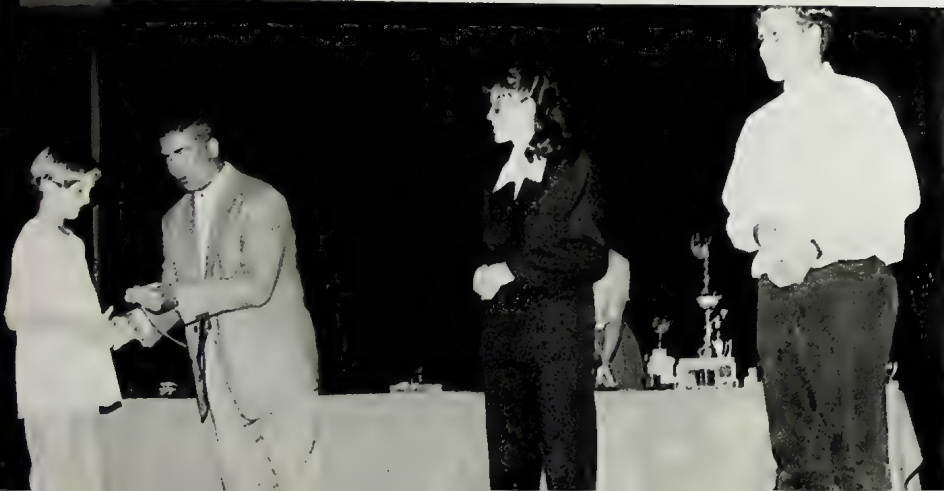
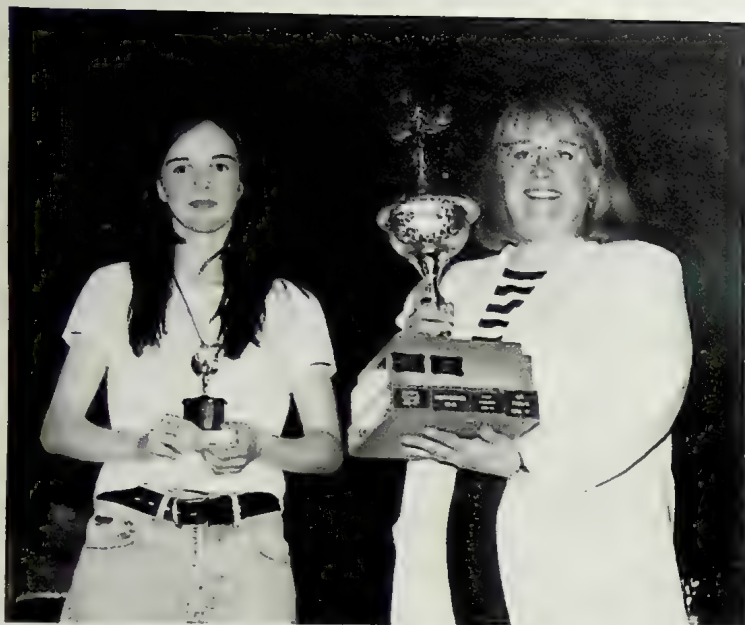


# DRAMATIC HEROES





# HONOURABLE

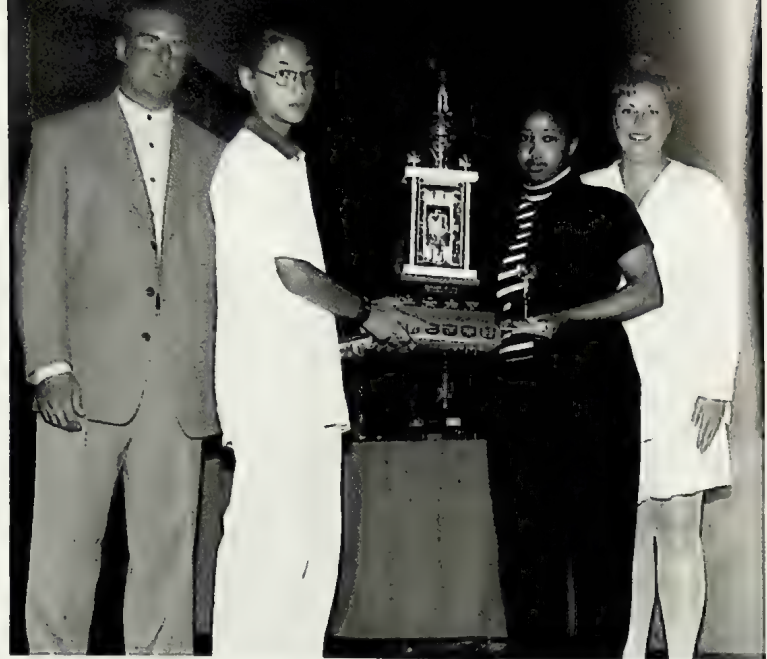




# HEROES







Highlands Pride





# THE WINNER IS...

## TOP OUTSTANDING ACHIEVEMENT IN CORE SUBJECTS

### Math

Grade 7 ..... Diana Cao  
Grade 8 ..... Crystal Sham  
Grade 9 The Nick Tkachuk Trophy  
..... Scott Griffin, Jacob Chun

### Language Arts

Grade 7 ..... Natalie Nowicki  
Grade 8 ..... Matthew Bonko  
Grade 9  
Phyllis Olchoway Memorial Award & \$100  
Bursary ..... Tina Carter

### Science

Grade 7 ..... Diana Cao  
Grade 8 ..... Matthew Bonko  
Grade 9 Andrew Price Trophy .....  
..... Tina Carter

### Social Studies

Grade 7 ..... Diana Cao  
Grade 8 ..... Matthew Bonko  
Grade 9 The Pat Dawson Trophy .....  
..... Elizabeth Truong

### Physical Education

Grade 7 .....  
Jonathan Schneider, Kira Paran  
Grade 8 ..... Tim Pruden  
..... Angela Schoonderbeek  
Grade 9 ..... James Kilpatrick  
..... Tina Carter

## TOP OUTSTANDING ACHIEVEMENT IN NON CORE SUBJECTS

### Art

Grade 7 ..... Shelly Berezanski  
Grade 8 ..... Olivia Fong  
Grade 9 ..... Phuong Dam

### Computer Studies

Grade 7 ..... Diana Cao  
Grade 8 Crystal Sham, Rosanna Tu  
Grade 9 ..... Tina Carter

### Drama

Grade 7 ..... Andy Olszewski  
..... Sara Campos-Silvius  
Grade 8 ..... Andrew Blakely  
..... Jamie McCartney  
Grade 9 ..... Hector Campos-Silvius  
..... Allison Eigner

### Extended Physical Education

Grade 9 ..... Adam Gregory

### French

Grade 7 ..... Sam Bonko  
Grade 8 ..... Matthew Bonko  
Grade 9 ..... Elizabeth Truong

### Home Economics

#### The Mary Costigan Trophy

Grade 7 ..... Kira Paran  
Grade 8 ..... Michelle Johnson  
Grade 9 ..... Catherine Engelking

### Science Option

Grade 9 ..... Marshneil Chandra

### Outdoor Education

Grade 7 ..... Lawrence McClure

Grade 8 ..... Sy Nguyen  
Grade 9 ..... Robert Bruce

### Industrial Education

Grade 7 ..... Tyler McDermand  
Grade 8 ..... Robert Lupul  
Grade 9 ..... Jacob Chun

### Service Option

Grade 9 ..... Alexis Sapera

## SPECIAL RECOGNITION AWARDS

Outstanding Achievement in  
Opportunity Class ..... Robbie Blair

Monarchist League Award & Bursary.  
..... Petal Hutchinson  
..... Amanda Paquette

### Citizenship Awards

Grade 7 ..... Natalie Nowicki  
Lawrence Zinati, Sam Bonko  
Grade 8 ..... Andrew Blakely  
Ashley Vaughan, Matthew Bonko  
Grade 9 ..... Chau Tran, Jacob Chun  
..... Robbie Blair

Anne Coultman Trophy .... Jade Larenas  
Top Students' Council Member

..... Alexis Sapera

### Top Athletic Award

Jacob Chun, Rahab Leepile

Service to the Library ..... Chau Tran  
The Elmer Breitzkreuz Trophy

..... Crystal Grant

The Hal Fricker Memorial Award &  
\$100 Bursary ..... Tina Carter

The Norm Jaques Trophy .Jade Larenas

## HONORS 1996/97

### Grade 8

Berezanski, Shelly  
Billey, Lorissa  
Bonko, Samuel  
Campos Silvius,  
Sara  
Cao, Diana  
Chong, Pringle  
Fong, Newton  
Franzen, Kyle  
Gillespie, Laura  
Jackson, Erin  
Jerrard, Peter  
Kha, Henry  
Lathe, Nicolas  
Lawton, Meryl  
Ma, Chao  
Ma, Dennis  
McClure,  
Lawrence  
Moc, Ronny  
Ngo, Sarah

Nilson, Ashley  
Nowicki, Natalie  
Olszewski, Andy  
Paran, Kira  
Pham, Ann  
Pidhaichuk,  
Crystal  
Ridgway, Karen  
Sahajpal, Umesh  
Schneider,  
Jonathan  
Shostak, Amy  
Tang, Dennis  
Taylor-Haas, Anna  
Truong, Brenda  
Tu, Sam  
Vu, Lisa  
Weir, Anna-Marie  
Young, David

### Grade 8

Blakely, Andrew  
Bonko, Matthew  
Chandra, Vimal  
Chu, Steven  
Dumonceaux, Dina  
Fong, Olivia  
Gates, Derrick  
Hui, Lisa  
Johnson, Michelle  
Kozuchowski,  
Stephanie  
Lawton, Tait  
Lee, Vincent  
Lupul, Robert  
McEachern, Matt  
Nearin, Nearin

Neigel, Andy  
Nguyen, Sy  
Olsen, Kelly  
Orgill, Trisha  
Pruden, Tim  
Purpur, Kyle  
Raab, Crystal  
Sham, Crystal  
Smith, Sarah  
Tasker, Nate  
Tu, Kent  
Tu, Rosanna  
Tyler, Stephanie  
Ung, Thang  
Wheeler, Brianne

### Grade 9

Beckman, Jasmine  
Burkett, Gillian  
Carter, Tina  
Chandra,  
Marshneil  
Chun, Jacob  
Dam, Phuong  
Dlin, Jonelle  
Doan, Minh  
Engelking,  
Catherine  
Galloway, Sarah  
Jackson, Marcella  
Kilpatrick, James  
Kostick, Jolene  
Kostick, Bryce  
La, Ryan  
Lam, Louise

Larenas, Jade  
Lathe, Nicole  
Mah, Karen  
Nicholls, Jessica  
Quan, Julie  
Siddon, Jeremy  
Soroka, Kristen  
Sumra, Harjinder  
Symborski,  
Carmen  
Tomlinson,  
Teneisha  
Tran, Chau  
Truong, Elizabeth  
Whyte, Peter  
Wolgernuth,  
Karlene  
Wulchuk, Kristel



# HEROES





# MOVING ON





# HEROES

*There's a hero  
If you look inside your heart  
You don't have to be afraid  
Of what you are  
There's an answer  
If you reach into your soul  
And the sorrow that you know  
Will melt away*

*And then a hero comes along  
With the strength to carry on  
And you cast your fears aside  
And you know you can survive  
So when you feel like hope is gone  
Look inside you and be strong  
And you'll finally see the truth  
That a hero lies in you*

*It's a long road  
When you face the world alone  
No one reaches out a hand  
For you to hold  
You can find love  
If you search within yourself  
And the emptiness you felt  
Will disappear*

*And then a hero comes along  
With the strength to carry on  
And you know you can survive  
So when you feel like hope is gone  
Look inside you and be strong  
And you'll finally see the truth  
That a hero lies in you*

*Lord knows  
Dreams are hard to follow  
But don't let anyone  
Tear them away  
Hold on  
There will be tomorrow  
In time  
You'll find the way*

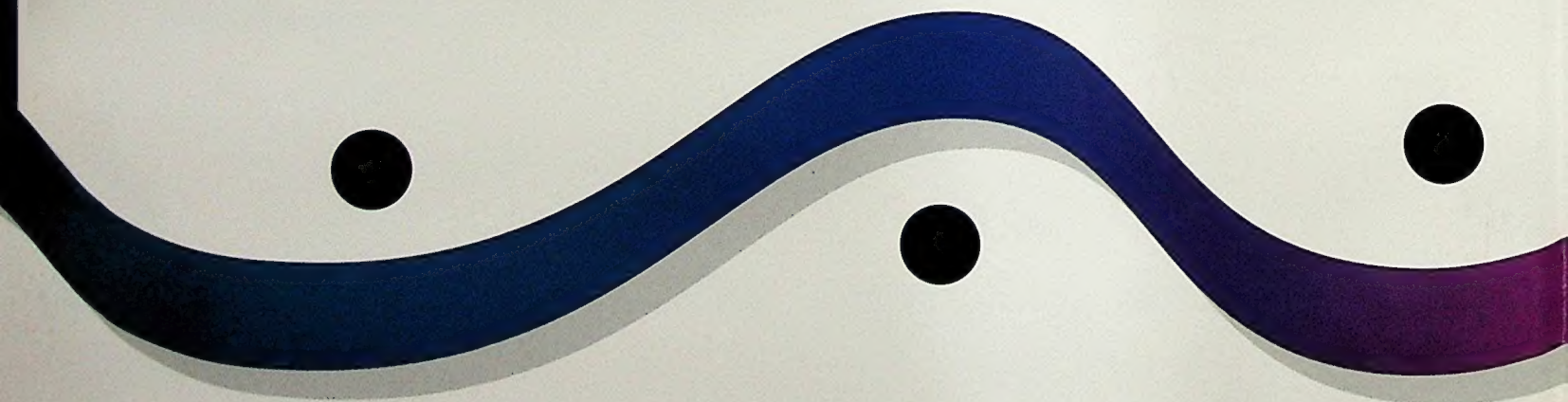
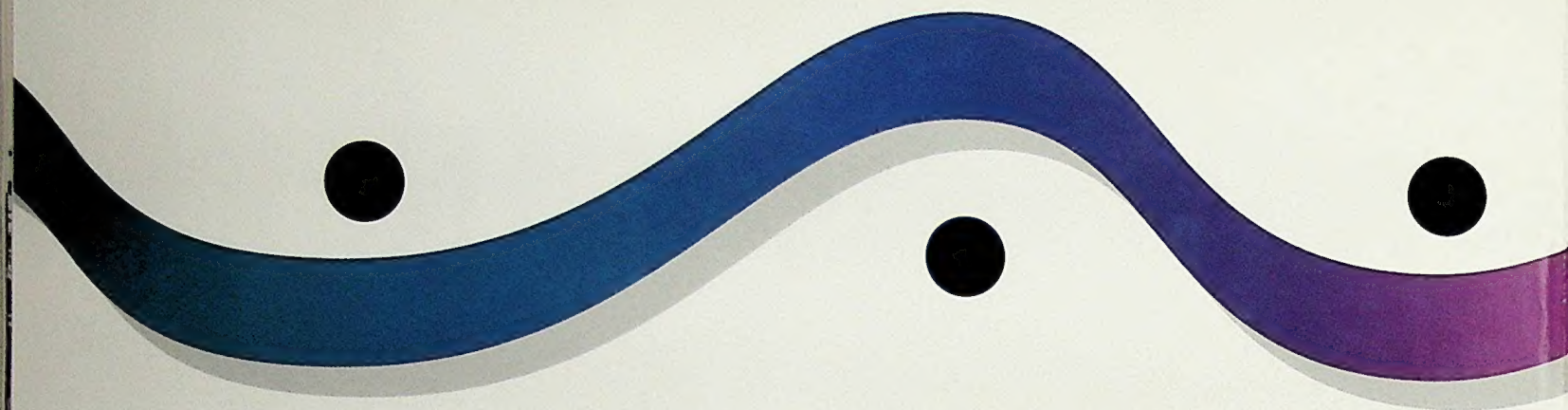
*And then a hero comes along  
With the strength to carry on  
And you cast your fears aside  
And you know you can survive  
So when you feel like hope is gone  
Look inside you and be strong  
And you'll finally see the truth  
That a hero lies in you*

*Lyrics: Mariah Carey  
Music: Mariah Carey, Walter Afanasieff*

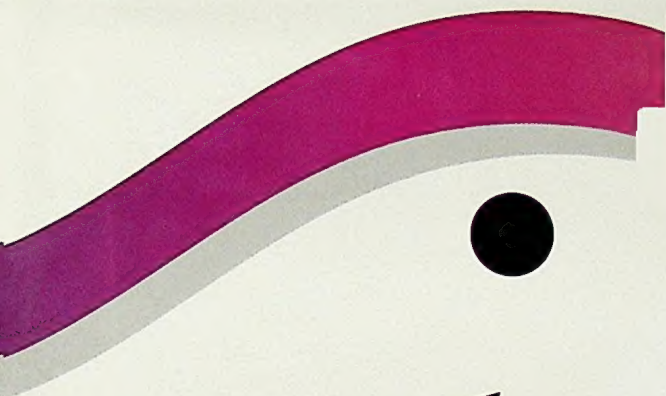












1997

